

“11 Things Everyone Should Know about Replacing Missing Teeth”



**Dr Saroshen Naidoo answers the most frequently
asked questions about replacing missing teeth**

Introduction

Hi there, and thanks for downloading our complete guide to replacing missing teeth. This guide contains information on how you can enjoy a confident smile by replacing your missing teeth and goes through some of the ways we can help you with this.

There are 3 main ways to replace missing teeth:

- Removable Dentures
- Implants supporting fixed bridges or crowns
- Bridges supported by natural teeth

This guide gives you an overview of each option so that you can make a decision on the best solution for you and then answers the top questions that everyone asks about replacing missing teeth – these are the top 11 things that everyone should know!

As you read through this now picture your own teeth and your own problems you have with your dental health – see how the ideas we suggest could make the changes you want to how you look and feel.

Take hold of the ideas in this guide and apply them to your own situation, would they make eating more comfortable, would they help you to feel better about your teeth and smile?

And as you read through this now, think about the way these concepts would specifically work for you and what would seem like the best logical choices in your own situation.

So prepare to find out more, see the benefits, seize the ideas, ask yourself those questions and on a final note enjoy finding out about **smiling and laughing again without missing teeth.**

Saroshen

There are principally 3 ways to overcome the problems of missing teeth:

1. Dental Implants
2. Dentures
3. Bridges

Dental Implants

[Dental implants](#) are normally used to treat 2 groups of people:

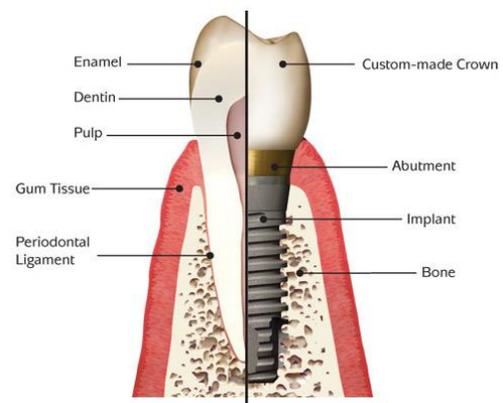
1. People with missing or failing teeth
2. People with loose or unstable dentures

In both cases, the outcome is the same, implants restore your ability to smile, eat, chew and laugh again with confidence. Many patients also find that their dignity is restored and their 'dental comfort' is massively improved. Implants are a life changing treatment, so sit back, relax and enjoy your free guide to everything you need to know about dental implants.

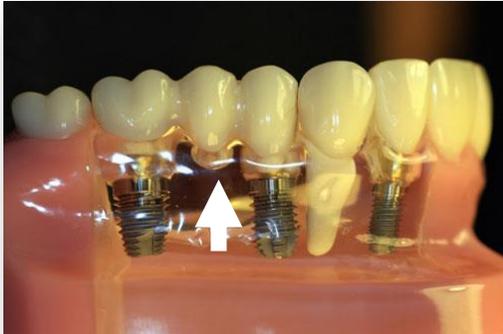
For people with missing/failing teeth (or tooth), without dentures

In simple terms, dental implants are precision made titanium tooth roots. An extension called an abutment is then secured to the implant and a custom made crown placed over it to match the colour and contours of existing teeth. Sedation is available for total comfort during treatment.

This well-established treatment is long lasting and safe and been shown to have success rates of more than 95% over fifteen year period.



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If you have more than one tooth missing, then we will often place 2 (or even more implants) and 'bridge' the gaps as highlighted by the arrow in this photograph.

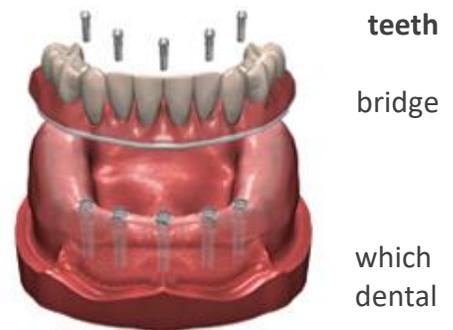
The custom made crowns that fit over the top of implants ensure that you will not see any metal and will be made to blend into your surrounding teeth invisibly... no-one will ever know you ever had teeth missing.

If you have **all your missing** then you will either need a denture, or a 'full arch implant supported bridge', dentures are explained below, but a full arch will usually involve the placement of around 4-6 dental implants (it depends on your exact situation as to how many you will need).

Screwed gently to these implants will be a full new set of teeth you are not able to remove yourself (we can remove them for deep cleaning periodically).

This is often the preferred option for patients with no remaining teeth as often a full arch bridge can be made to look exactly like your own teeth.

In some instances, we may find that additional surgical treatments such as bone augmentation are required. These are explained later on in this guide, but only a **full clinical assessment** by one of our implant dental surgeons will tell for sure.



Request a Free Consultation

For people with missing teeth **with** dentures



If you currently have dentures and find that they are loose, then dental implants can help enormously. We simply place 2 or 4 implants gently into your mouth, then place some 'clips' inside the denture (like a press-stud), this means you will hear an audible **click** as your denture **locks** into place.

Depending on your exact situation we may decide that making a new denture is best for you, or we may even be able to convert your existing denture.

So if you wear dentures and feel you are not able to go out for a great meal with your friends then this could be a perfect solution for you.



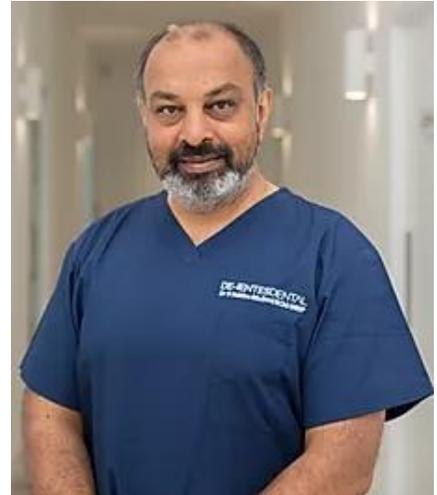
"I live in London only four months of the year and had a dental emergency. Having no dentist here, Dr Saroshen Naidoo was recommended to me. I walked in to this office, with some anxiety as I only knew my American dentist, and was immediately reassured that all would be all right. Dr Naidoo listens, cares and is incredibly competent and compassionate. I walked away knowing I now have a dentist in London should I ever have another dental emergency. If I lived permanently in London Dr Saroshen Naidoo would be dentist."

Elizabeth Bennett

Meet your dental implant dentist

Dr Rahendra Naidoo

Dr Rahendra Naidoo has been a dental surgeon for over 25 years and has a special interest in restorative dentistry as well as cosmetic solutions and implantology. He has successfully built two well-established dental practices providing quality dental care and launched De-ientes London in 2018. He qualified in 1991 from the University of the Western Cape and gained a Diploma in Restorative Dental Practice in 2002 from Eastman's Dental Institute. Dr Naidoo ensures he stays abreast of the latest developments in dental techniques by regularly attending courses. His gentle and unassuming approach means even the most nervous of patients feel reassured in his care. You can be guaranteed a quality service in the kindest way with Dr Naidoo.

[Request a Free Consultation](#)

"Dr Rahendra Naidoo is not only a great dentist but a wonderful human being: understanding, gentle and kind"

Huston

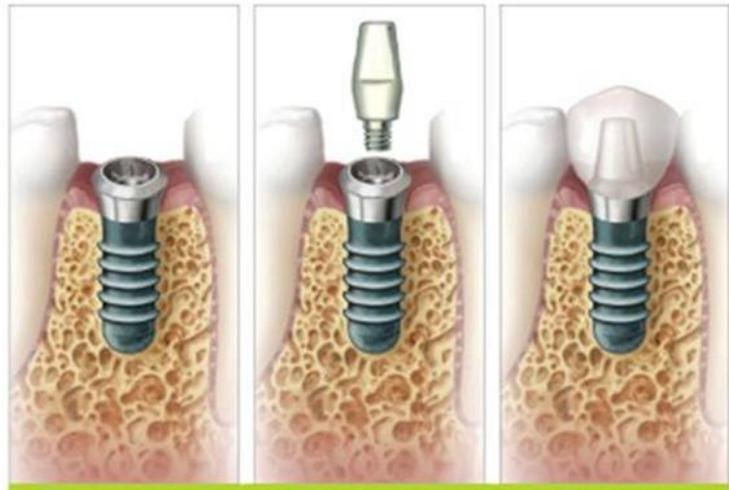
Dental Implants – The Top 11 Questions Everyone Asks

Am I a candidate for a dental implant?

If you are missing one or more teeth due to trauma, tooth decay or gum disease, then you may be a candidate for a dental implant. We will be able to discuss your individual clinical situation. Dental implants will allow you to smile, speak, and eat with confidence and comfort.

If you have a tooth (or teeth) which is badly affected by decay or gum disease or has broken beyond the point of repair, a dental implant may be the alternative and it is wise to make this decision before a tooth is extracted as sometimes an implant can be placed straight in at the same time. Sometimes, if you are facing extensive dentistry to try and 'save' your remaining teeth, implants are worth considering as an alternative.

For surgery you should be of good health and the remainder of your teeth will need to be healthy and free from tooth decay or gum disease. Other conditions will need to be treated before surgery.



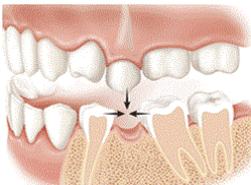
Implant is placed surgically.

An abutment is attached.

A permanent crown is affixed.

Also, there needs to be enough bone in the jaw, so we may need to check for bone density using a CT scan. There are bone augmentation techniques and different types of implants available for borderline patients. Some patients who have previously been told that they don't have enough bone can now have treatment with a special type of implant called a zygomatic implant

Why should I have a dental implant?



Losing one or more of your teeth starts a chain of events that can have physical and cosmetic consequences. The most obvious result is a gap in your smile. Less obvious is the loss of chewing function and the inability to eat a complete diet that can result from tooth loss. While these are certainly serious issues, a potentially bigger problem lies hidden beneath the surface: bone loss.

Your jawbone needs the chewing action of the teeth to stimulate it and keep it strong. Otherwise, it will begin to disappear (atrophy) in the same manner that the unused muscles beneath a cast supporting a broken bone get smaller. Without the support of your teeth and facial bones, your face may begin to look

prematurely aged. The good news is that tooth replacement with dental implants offers a solution to help prevent bone loss.

Can an implant be used as an alternative to root canal treatment?

Not all teeth are good candidates for root canal treatment. Root canal treated teeth are susceptible to decay and fracture, while implants are not susceptible to decay and almost never break. Implants are an excellent and prudent alternative to the root canal, post and core, crown lengthening, and crowning procedures. A lot of patients are referred to the implant centre because of failed root canal treatment.

Is the dental implant ever rejected by the body?

The implant is machined from surgical-grade titanium alloy (Ti 6Al-4V), which is a biocompatible material. However, there is a very small chance that it will not integrate with bone. If this were to occur, the implant would be replaced with another one. It is highly unlikely that the second implant would not integrate.

What if I smoke?

Smoking can inhibit proper healing of an implant. However, this does not prevent smokers from having implants successfully placed and restored. However, the implant can be more likely to fail in a smoking patient than a non-smoking patient. You should speak with us for more specific information relating to your dental needs and the effects of smoking.



What about any discomfort?

This is usually mild to minimal. While undergoing treatment, you will receive local anaesthesia. You may have mild post-surgical soreness for a few days. An over-the-counter pain reliever will alleviate the discomfort for most patients.

How much time is required to have an implant procedure?

A single dental implant placement is usually completed in an hour or so with local anaesthesia. Traditionally, the implant is then allowed to heal with the bone, this usually takes 8 to 12 weeks in the lower jaw and 12 to 16 weeks in the upper jaw. During this time a 'temporary' tooth can be provided to fill the space or a temporary bridge or denture depending on how many teeth you have missing.

Once you have been given the all clear you can then have your crown, bridge or denture made and fitted.

There is a procedure known as **All-on-4** where we can remove failing teeth if required, place implants and a fixed full arch bridge. This can avoid the need for a 'temporary denture' stage and has many advantages. Our team can discuss whether this would be suitable for you.

If you have poor quality bone and bone augmentation procedures are necessary, the overall process can take up to 12 months or more. We will determine which surgical procedure is best for you.

How do I properly maintain the implant once treatment is completed?

Ironically, dental implants can require less maintenance than a natural tooth. Simply brush and floss as though it were a natural tooth. Remember, regular visits to the dentists and hygienists are required for long-term health and success of the implanted teeth and your natural teeth.



How long does a dental implant last?

If your body accepts the implant, [dental implants should last many years](#) if cared for properly. Many implants have been in place for more than 40 years.

What is a sinus floor bone augmentation?

When an upper posterior tooth is lost, the floor of the maxillary sinus drops down into space formerly occupied by the root of the lost tooth. In order to place an implant, it is often necessary to put the sinus floor back up to where it originally was by adding a bone substitute. This procedure is called a sinus floor bone augmentation or a sinus lift.

What is a bone augmentation (sometimes called a graft)?

A bone augmentation using a synthetic bone substitute is a surgical procedure for adding height or width to a jawbone in order to increase its volume for the placement of an implant.

Summary

As different treatment options become more available to people with missing teeth, it has become more important than ever to understand the benefits of implants as opposed to conventional restorations. Our team have advanced training in implant dentistry and use these skills and techniques to offer patients an innovative and reliable solution to tooth loss.

Our team of implant dentists work together to ensure the best possible treatment for you and your family, providing you with the most aesthetically pleasing result.

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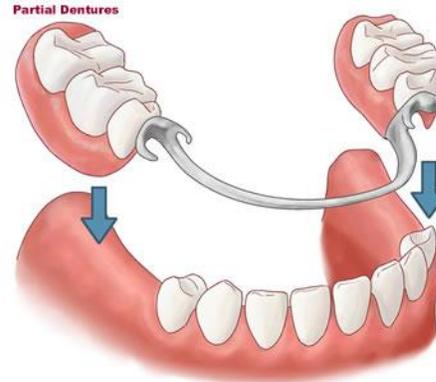
De-ienites Dental Practice | 771 Finchley Road, Golders Green, London, NW11 8DNT
020 78731 9020 | E: reception@de-ientesdental.co.uk

Dentures

Partial Dentures

If one or several of your teeth are missing, we can smile with a Partial [Denture](#). By replacing your missing teeth, he can give you back the look and a full set of healthy, natural teeth.

As well as replacing any missing teeth, a partial also look after the future health of your mouth by your remaining teeth from rotating, tilting and positions that prove unsightly and awkward for talking.



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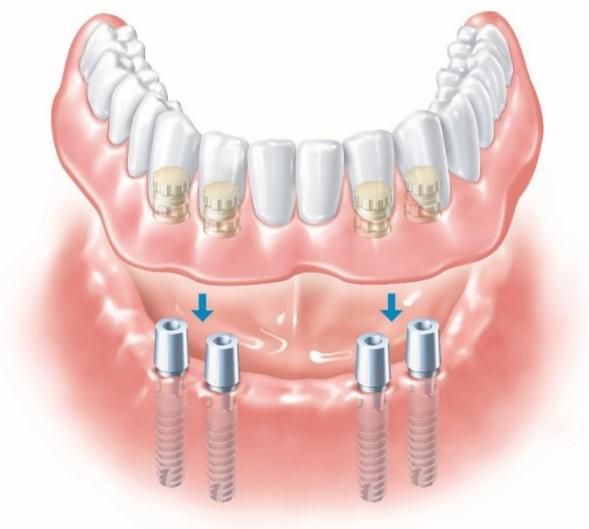
We can create and fit your partial denture that will not only give you your smile back but also:

- Help you form words more clearly
- Make eating more comfortable, helping you to enjoy food
- Enhancing your appearance by restoring your natural smile
- Preserve the health and appearance of any remaining teeth so you can keep smiling

Implant Retained Dentures

If you suffer with dentures that tilt or rub, we can help by eliminating sore spots and embarrassing moments implant retained dentures, the long-solution to tooth loss.

Implant retained dentures consist of titanium screws that act as a substitute root portions of your missing teeth in your upper or your lower jaw. The implant will gently fuse with your jawbone. Then your complete dentures or partial dentures are attached to your new root, providing greater stability than ever before.



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Working closely together to create the solution that is right for your individual needs, we will provide you with a more secure fit and feel than ever before. With implant retained dentures, you can talk, eat and laugh freely without having worry about what your dentures are doing.

During your first clinical appointment, we will undertake a detailed clinical evaluation so we can reach a diagnosis in order to create a detailed treatment plan that is tailored exactly to your needs.

We may undertake one or all of the following:

- Investigate your dental and medical history in full
- Take x-rays and photographic images of your mouth
- Distinguish between normal and abnormal effects of aging, especially relating to tooth loss
- Advise you on how to take care of your Dentures and achieve optimum oral health

We will describe the different types of dentures available and the technical procedures involved so you can make an informed choice about the treatment you receive. Together, you and your dentist can then decide upon the right course of action for you.

From this appointment we will then need you to visit several more times for us to take measurements, these include a series of impressions of the inside of your mouth, so we can see the shape of your soft tissues.

We will also register your bite so we can see how your teeth meet together. From these measurements we will be able to create a mock-up of how the teeth will look, at this stage, you can try in the teeth and give your opinion on how they look. If you are happy with this mock-up we will then go on to finish your teeth ready for you wear.

Bridges

How do Bridges Work?

A bridge may be recommended if you're missing one or more teeth. Gaps left by missing teeth eventually cause the remaining teeth to rotate or shift into the empty spaces, resulting in a bad bite. The imbalance caused by missing teeth can also lead to gum disease and temporomandibular joint (TMJ) disorders.

Bridges are commonly used to replace one or more missing teeth. They 'bridge' the space where the teeth are missing and are fixed to the natural teeth or implants surrounding the empty space. This is often considered a downside to bridges as the adjacent teeth need to be reduced to accept the support for the new tooth in the gap.

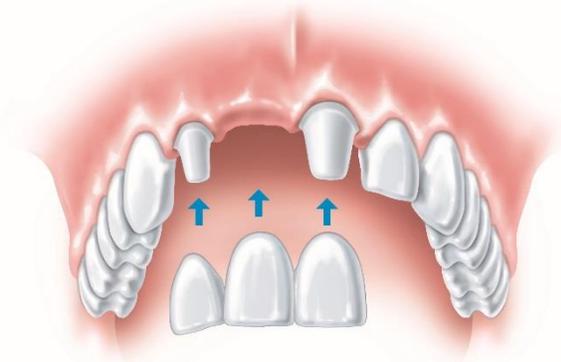
As with crowns, you have a choice of materials for bridges. Your dentist can help you decide which to use, based on the location of the missing tooth (or teeth), its function, aesthetic considerations, and cost.

Porcelain or ceramic bridges can be matched to the colour of your natural teeth.

How are Crowns and Bridges Made?

Before either a crown or a bridge can be made, the tooth (or teeth) must be reduced in size so that the crown or bridge will fit over it properly. After reducing the tooth/teeth, your dentist will take an impression to provide an exact mould for the crown or bridge. If porcelain is to be used, your dentist will determine the correct shade for the crown or bridge to match the colour of your existing teeth.

Using this impression, a dental laboratory then makes your crown or bridge, in the material your dentist specifies. A temporary crown or bridge will be put in place to cover the prepared tooth while the permanent crown or bridge is being made. When the permanent crown or bridge is ready, the temporary crown or bridge is removed, and the new crown or bridge is cemented over your prepared tooth or teeth.



How Long do Crowns and Bridges Last?

While [crowns and bridges](#) can last a lifetime, they do sometimes come loose or fall out. The most important step you can take to ensure the longevity of your crown or bridge is to practice good oral hygiene. A bridge can lose its support if the teeth or bone holding it in place are damaged by dental disease. Keep your gums and teeth healthy by Brushing with fluoride toothpaste twice a day and flossing daily. Also, see your dentist and hygienist regularly for check-ups and professional cleanings.

To prevent damage to your new crown or bridge, avoid chewing hard foods, ice or other hard objects.

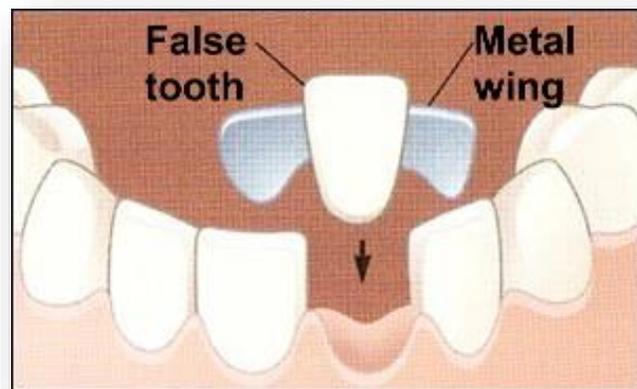
Maryland Bridges

A Maryland bridge, often called a 'sticky bridge' replaces a single missing tooth WITHOUT having to prepare the teeth either side significantly.

The bridges are normally made from a non-precious metal alloy and of extremely natural looking dental ceramic; the ceramic forms the natural looking part of the tooth.

The wings which are often made of metal will be on the inside of the adjacent teeth and will therefore not be seen.

If the clinical situation allows it may also be possible to manufacture the framework from high-strength zirconium oxide (zirconia). Zirconia is a naturally occurring material; in fact it is what makes the perfect beach look so amazingly white!





Using zirconia has the advantage of completely concealing the wings ensuring that no metal is visible at all.

The Different Types of Dental Bridge

Maryland bridge



Cantilever bridge



Traditional bridge

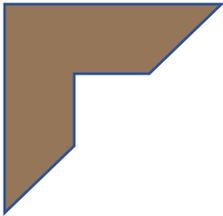


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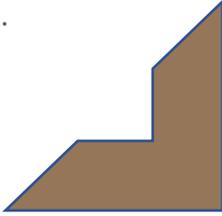


0% Finance

0% interest free

We are pleased to offer 0% interest free finance to help spread the cost of dental treatment over £300 with monthly payments over 10 months.

Please let us know at your appointment if you'd like to take advantage of this.



What next?

How would it be if we could help you smile more confidently?

Would it make a difference to your life if you could smile without putting your hand over your mouth?

How much would you like to smile eat and chew with absolute confidence again?

At **De-ientes Dental** we are passionate about helping our patients to have healthy, happy smiles. We want you to feel good about your mouth and teeth. The way your smile looks is important, but so is having fresh breath, a healthy mouth, and teeth that function well together.

What do we offer in our Dental Clinic?

You will find our team will warm and welcoming, our experienced dentists, hygienists and support team all have extensive continued professional development. You will experience:

- Our modern environment with state of the art equipment
 - Low dose Xrays
 - TVs on ceilings to help you relax during treatment
 - Inhouse CT scans without having to visit the hospital
- Highest quality and spacious facilities
 - Spacious
 - Dedicated sterilisation room, ensuring you stay safe
- Personal and friendly care by our family of dentists
 - We will take time to get to know patient
 - We have a range of convenient appointments during
 - Summer holidays, weekends , late evenings and early mornings
- A family run practice
 - Not corporate with rules and regulations
 - Personal commitment to you, our patients
 - Wealth of experience
 - Parents have 25 years each experience – total 50 years
 - Grandfather had over 50 years
 - Saroshen has 4 years
 - We have another newly qualified family member joining us soon
 - **We have over 104 years experience as dentists**

So as a thank you for downloading this guide we would like to offer you a **free consultation** to find out more about replacing missing teeth. This a consultation where you can discuss your requirements and we can evaluate your needs and wants and formulate a plan based on the information you give us.

- Minimum 20 min appointment with a dentist
- Your choices and options for treatment
- Treatment prices of all options are available and discussed openly

With so many treatments on offer it can be rather daunting to know which one is right for you and how much it might cost, this discovery visit the perfect opportunity to find out more in a welcoming safe and friendly environment.

There is never any pressure to proceed and you will leave knowing the different treatments based on cost, speed and convenience.

To book, please either call 020 8731 9020 quoting reference “replace-guide” or download an invitation online.

[Click here to request a free consultation online](#)

My team and I look forward to seeing you soon,



Saroshen